



Player Equipment Requirements

Updated 07-2011

Shin Guards

All players are required to wear commercial shin guards at all games and practices. These may be purchased at any local sporting goods or discount store. Shin guards must be completely covered by socks or pants at all times.

Shoes

Soccer shoes with round molded cleats are the preferred shoe. However, with continuing advancements in shoe development, there may be various other soccer cleats available. No football toe-cleated shoes will be allowed.

Hub City recommends buyers check with suppliers to verify shoes are marked for soccer use. The Club has made every effort to ensure Aberdeen suppliers are informed of these requirements.

Soccer cleats are not a required piece of equipment - especially in U6's & U7's. However, soccer is an all-weather sport, and it would be advantageous for older players to use acceptable foot gear on wet fields.

Mouth Pieces

Mouth pieces and other protection gear is optional. ASA provides team jerseys.